INTERNSHIP TRAINING

AT

PVT LTD

(15 MAR 2026 – 14 JUN 2026)

"Unmet Healthcare and Social Care Needs of Community - Dwelling Older Adults with Multimorbidity: A Scoping Review"

BY
DR. PARAMJOT
PG/24/073

Under the guidance of

DR. RATIKA SAMTANI

PGDM (HOSPITAL AND HEALTH MANAGEMENT)

2024-2026

International Institute of Health Management Research New Delhi

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The certificate is awarded to

Name: **DR. PARAMJOT**

in recognition of having successfully completed his/her
internship in the department of

Title: **"Unmet Healthcare and Social Care Needs of Community - Dwelling Older Adults with Multimorbidity: A Scoping Review"**

and has successfully completed his/her Project on

Unmet Healthcare and Social Care Needs of Community-Dwelling Older Adults with Multimorbidity: A Scoping Review

Date: 14th June 2026

Organization: Emoha Elder Care

She comes across as a committed, sincere & diligent person who has a
strong drive & zeal for learning.

We wish her all the best for future endeavors.

Training & Development **Zonal Head-Human Resources**

TO WHOMSOEVER IT MAY CONCERN

This is to certify that Dr. Paramjot, student of PGDM (Hospital & Health Management) from International Institute of Health Management Research, New Delhi has undergone internship training at Emoha Elder Care from 15th March 2026 to 14th June 2026. The Candidate has successfully carried out the project designated to him during internship training and his/her approach to the study has been sincere, scientific and analytical. The Internship is in fulfillment of the course requirements.

I wish her all success in all his/her future endeavors.

Dr. Punit Yadav
Academic and Student Affairs
IIHMR, New Delhi

Mentor

IIHMR, New Delhi

Certificate of Approval

The following dissertation titled **"Unmet Healthcare and Social Care Needs of Community-Dwelling Older Adults with Multimorbidity: A Scoping Review"** at **"EMOHA"** is hereby approved as a certified study in management carried out and presented in a manner satisfactorily to warrant its acceptance as a prerequisite for the award of **PGDM (Hospital & Health Management)** for which it has been submitted. It is understood that by this approval the undersigned do not necessarily endorse or approve any statement made, opinion expressed or conclusion drawn therein but approve the dissertation only for the purpose it is submitted.

Dissertation Examination Committee for evaluation of dissertation.

Name	Signature
Dr. Puneet Yadav	
Dr. Divya Agarwal	
Dr. Shiv Goel.	Digitally Signed Dr. Shiv

Certificate from Dissertation Advisory Committee

This is to certify that **Dr. Paramjot,** a graduate student of the **PGDM (Hospital & Health Management)** has worked under our guidance and supervision. He/ She is submitting this dissertation titled "Unmet Healthcare and Social Care Needs of Community-Dwelling Older Adults with Multimorbidity: A Scoping Review" at "EMOHA" in partial fulfillment of the requirements for the award of the **PGDM (Hospital & Health Management).**

This dissertation has the requisite standard and to the best of our knowledge no part of it has been reproduced from any other dissertation, monograph, report or book.

Institute Mentor Name,
Designation,
Organization

Organization Mentor Name
Designation, DM
Organization EMOHA

INTERNATIONAL INSTITUTE OF HEALTH MANAGEMENT RESEARCH, NEW DELHI

CERTIFICATE BY STUDENT

This is to certify that the dissertation titled **"Unmet Healthcare and Social Care Needs of Community - Dwelling Older Adults with Multimorbidity: A Scoping Review"** and submitted by **Dr. Paramjot** Enrollment No. **PG/24/093** under the supervision of **Dr. Ratika Samtani** for award of PGDM (Hospital & Health Management) of the Institute carried out during the period from **15th March 2026 to 14th June 2026** embodies my original work and has not formed the basis for the award of any degree, diploma associate ship, fellowship, titles in this or any other Institute or other similar institution of higher learning.

Signature

FEEDBACK FORM

Name of the Student: Dr. Paramjit Kaur

Name of the Organisation in Which Dissertation Has Been Completed: Ennoha Elderlink

Area of Dissertation:

Gurgaon

Attendance: Complete

Objectives achieved: Yes

Deliverables: Delivered in a commendable way

Strengths: Technical skills and research skills

Suggestions for Improvement: Case studies

Suggestions for Institute (course curriculum, industry interaction, placement, alumni):

Signature of the Officer-in-Charge/ Organisation Mentor (Dissertation)

Vicky Mehta (CEO)

Date: 31/07/26

Place: Gurugaon

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CERTIFICATE ON PLAGIARISM CHECK

Name of Student (in block letter)	**Dr.PARTAMJOT KAUR**		
Enrollment/Roll No.	19/24/073.	**Batch Year**	2024-26.
Course Specialization (Choose one)	1	Health Management	✓
Name of Guide/Supervisor	Dr./ Prof.: RATIKA MAM.		
Title of the Dissertation/Summer Assignment	Unmet healthcare and Social Care needs of community Dwelling Older Adults with Multimorbidity: A Scoping Review.		
Plagiarism detect software used	"TURNITIN"		
Similar contents acceptable (%)	Up to **15** Percent as per policy		
Total words and % of similar contents Identified	1108		
Date of validation (DD/MM/YYYY)	31/07/2026.		

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Abstract

Population ageing has increased the prevalence of multimorbidity among older adults. This scoping review explores unmet healthcare and social care needs among community-dwelling older adults with multiple chronic conditions. The review maps evidence related to healthcare access, social support, care coordination, inequities, and integrated care approaches. Findings are intended to inform policymakers and healthcare providers regarding person-centred and integrated care models.

Chapter 1: Introduction

Population ageing is a global phenomenon. Older adults increasingly live with multiple chronic conditions that require coordinated healthcare and social support. Multimorbidity is associated with functional decline, increased healthcare utilization, reduced quality of life, and higher caregiver burden. Healthcare systems frequently focus on disease-specific management, while social care services remain fragmented. This chapter discusses demographic transitions, healthy ageing, multimorbidity, integrated care, research gaps, rationale, objectives, and significance.

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Chapter 2: Literature Review

Studies across Europe, North America, Asia, and Australia demonstrate substantial unmet healthcare and social care needs among older adults with multimorbidity. Common unmet healthcare needs include delayed access to specialists, medication management challenges, lack of continuity of care, and inadequate preventive services. Common unmet social care needs include transportation, assistance with activities of daily living, caregiver support, social participation, housing, and financial assistance. Integrated care models such as WHO ICOPE and patient-centred medical homes have shown potential benefits. The PROGRESS-Plus framework highlights inequities associated with socioeconomic status, education, gender, ethnicity, and place of residence.

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Chapter 3: Methodology

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Chapter 4: Results and Thematic Synthesis

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Chapter 5: Discussion

The findings demonstrate that unmet healthcare and social care needs are interconnected. Fragmented service delivery contributes to poor outcomes, avoidable hospitalizations, and caregiver burden. Integrated and person-centred care approaches offer opportunities to address service gaps. Findings align with international literature emphasizing coordinated health and social care systems.

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Chapter 6: Conclusion and Recommendations

This review highlights the importance of integrated care for older adults with multimorbidity. Healthcare systems should strengthen care coordination, expand community services, improve transportation support, and address social determinants of health. Future research should evaluate effectiveness of integrated care interventions across diverse settings.

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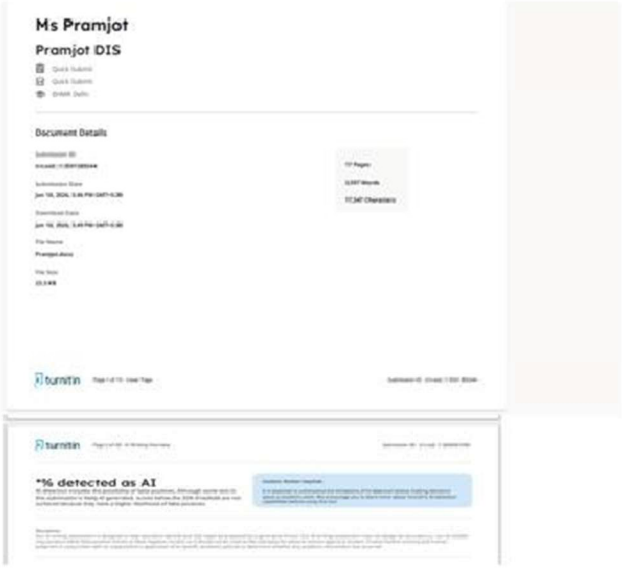
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Ms Pramjot

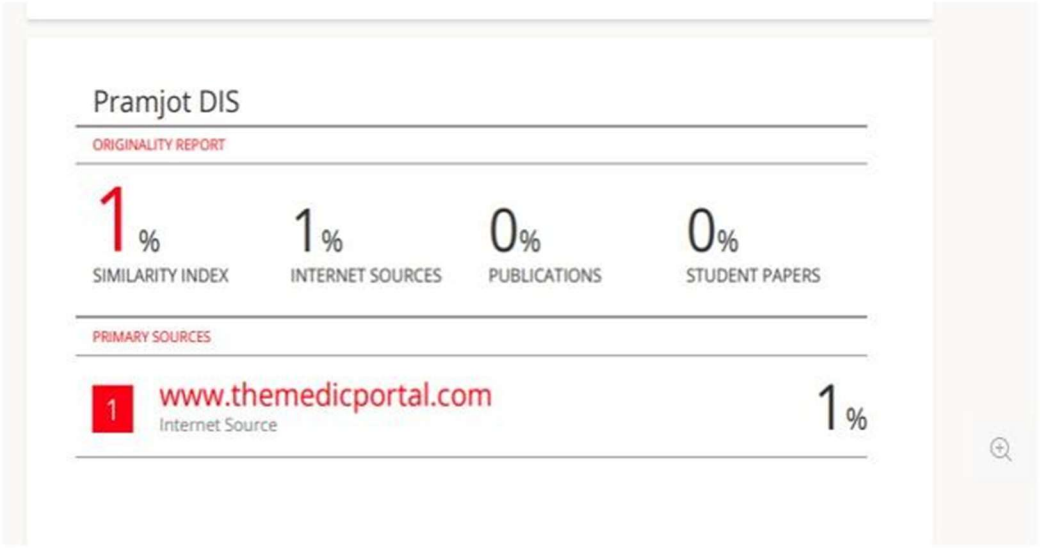
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