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|----------------------------|-----------------------------|
| <b>1. Subject title:</b>   | <b>Research Methodology</b> |
| <b>2. Subject Code:</b>    | <b>CC 613</b>               |
| <b>3. Contact hours:</b>   | <b>60</b>                   |
| Self-study and assignments | 30                          |
| Credit Points:             | 06                          |

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#### **4. Subject descriptions and expected learning outcomes**

The objective of this course is to help the students understand the basic principles of research and methods applied to draw inferences from the research findings. The research methods course will cover an introduction to health systems, health systems research, ethical issues in research, defining a research problem, research design, research tools besides basics of data management and report writing

By the end of the course, the students will be able to:

- Explain research and its relevance in the health systems
- Identify type of research designs
- Familiar with Issues related to ethics while conducting research
- Develop tools for conducting research
- Familiar with the basics of research management
- understand steps involved in management of information
- Familiarity with the basics of monitoring and evaluations
- Writing research reports and
- Drawing inferences from the research findings and use them to manage health services

#### **5. Mode of delivery**

The course pedagogy will be a combination of classroom teaching, group work, written examination and oral presentations. The students will be given basics of the subject and will be given assignments related to each of the topics discussed in the class. The same will be discussed the following day and at the end of the course, each student will give a presentation about each of the components discussed in the class. Tutorials will be conducted to help students solve their problems.

#### **6. Course Contents**

| <b>Week</b> | <b>Hours</b> | <b>Units</b> | <b>Contents</b>                                  |
|-------------|--------------|--------------|--|
|             | <b>4</b>     | <b>1</b>     | <b>Introduction to Health systems</b>            |
|             |              |              | Introduction to systems                          |
|             |              |              | Health   |
|             |              |              | Health systems                                   |
|             |              |              | Research and its relevance in the health systems |
|             |              |              | How the health system work                       |
|             |              |              | Stakeholders involved                            |

| Week     | Hours    | Units | Contents  |
|----------|----------|-------|---|
|          |          |       | Decision making in health systems                                   |
|          |          |       | Discussion  |
| <b>5</b> | <b>2</b> |       | <b>Identifying research problem</b>                                 |
|          |          |       | The context of health systems research                              |
|          |          |       | What are the issues   |
|          |          |       | Synthesis of issues   |
|          |          |       | Formulation of research questions                                   |
|          |          |       | Purpose of research questions and clarity of the research questions |
| <b>3</b> | <b>3</b> |       | <b>Ethical issues in research</b>                                   |
|          |          |       | Need for ethics in research   |
|          |          |       | Its importance  |
|          |          |       | Historical perspective of ethics in health and hospital research    |
|          |          |       | Nuremberg code  |
|          |          |       | Helsinki Declaration  |
|          |          |       | On line ethics course   |
| <b>6</b> | <b>4</b> |       | <b>Developing a research proposal</b>                               |
|          |          |       | Introduction to proposal writing                                    |
|          |          |       | Finding a research question   |
|          |          |       | Writing goals and objectives of a problem                           |
|          |          |       | Choosing the right design for research                              |
|          |          |       | Choosing the tools for research                                     |
|          |          |       | Data analysis plan  |
|          |          |       | Data management   |
|          |          |       | Report writing  |
|          |          |       | Communicating research  |
| <b>6</b> | <b>5</b> |       | <b>Research design</b>  |
|          |          |       | Types of research designs   |
|          |          |       | Descriptive   |
|          |          |       | Analytical  |
|          |          |       | Surveys   |
|          |          |       | Cohort  |
|          |          |       | Case control studies  |
|          |          |       | Quasi experimental studies  |
| <b>6</b> | <b>6</b> |       | <b>Research tools and Data collection methods</b>                   |
|          |          |       | Choosing the right tool for the survey                              |
|          |          |       | How to develop survey instruments                                   |
|          |          |       | Do's and do nots of tool development                                |
|          |          |       | Steps involved in tool development                                  |
|          |          |       | Finalizing the tools  |
|          |          |       | Methods of data collection  |
| <b>5</b> | <b>7</b> |       | <b>Sampling methods</b>   |
|          |          |       | Why a sample  |
|          |          |       | How to choose a sample  |
|          |          |       | How many units of a sample needed to draw inferences                |

| Week | Hours    | Units     | Contents  |
|------|----------|-----------|---|
|      | <b>4</b> | <b>8</b>  | <b>Bias and confounding</b>   |
|      |          |           | Introduction to bias  |
|      |          |           | Introduction to confounding   |
|      |          |           | Importance of bias and confounding  |
|      |          |           | Ways to minimize bias and confounding   |
|      | <b>5</b> | <b>9</b>  | <b>Introduction to program evaluation</b>   |
|      |          |           | Need for evaluation   |
|      |          |           | Methods of evaluation   |
|      |          |           | Basic steps involved in evaluation  |
|      | <b>6</b> | <b>10</b> | <b>Data management</b>  |
|      |          |           | Importance of data management   |
|      |          |           | Steps involved in data management   |
|      |          |           | Practicum   |
|      | <b>5</b> | <b>11</b> | <b>Analyzing information for drawing inferences</b>   |
|      |          |           | Why analyze   |
|      |          |           | How to analyze  |
|      |          |           | How to read the information   |
|      |          |           | Work plan   |
|      | <b>5</b> | <b>12</b> | <b>Report writing</b>   |
|      |          |           | The basics of report writing  |
|      |          |           | Steps involved in report writing  |
|      |          |           | Importance of a good report   |
|      |          |           | Utilization of research findings  |
|      |          | <b>13</b> | <b>Group presentations</b>  |
|      |          |           | All the students will be divided in groups of 10 and asked to develop a proposal based on the class room learning. This will give the instructor an understanding of the learning from the course |
|      |          | <b>14</b> | <b>Written examination</b>  |
|      |          |           | A two-hour examination will be given to students to examine the basic learning from the course.   |

### 7. Assessment:

The students will be assessed by a written Examination and assignments. The distribution of marks will be as follows:

|                                    |     |
|------------------------------------|-----|
| Final written examination          | 70% |
| Mid-term examination & assignments | 30% |

### 8. Readings

The standard text books published by the World Health Organization, Centers for Disease Control and others will be used as text books besides a series of reference books. Some selected ones are cited below:

- IIHMR Course Material

- Debus, M: methodological Review: A Handbook for Excellence in Focus Groups AED Washington, DC
- Designing and Conducting Health Surveys: Jossey Bass Publishers, San Francisco
- Fink, A (): How to Sample Surveys: Sage Publications, Thousand Oaks
- Fink, A (): How to Design Surveys: Sage Publications, Thousand Oaks
- Vaughan, JP and Morrow, RH () Manual of Epidemiology for District Health Management, Geneva, WHO, 1989
- Phyllis, et al., Epidemiological Approach to Reproductive Health, Geneva, WHO (1994)
- Grundy, F and Reinke, W A (1973), Health Practice Research and Formalized Managerial Methods, Geneva, WHO
- Gummerson, E (1991) Qualitative Methods in Management Research, New Delhi, Sage Publications
- Verkevieser et al., (1991) Designing and Conducting Health Systems Research Projects WHO and IDRC
- Gordis, Leon ( 2004) Epidemiology, 3rd Edition: Elsevier Inc. Pennsylvania